



11th STEP MEETING

PRAYER AND MEDITATION

NEW LOCATION STARTING FEBRUARY 1ST
GRACE STREET RECOVERY COMMUNITY
ORGANIZATION
8262 OCEAN GATEWAY, EASTON, MD 21601

EVERY SATURDAY AT 4:00 PM

- ❖ A selected prayer
- ❖ A silent meditation period
- ❖ Sharing your thoughts
- ❖ Reduce stress and anxiety
- ❖ Improve focus
- ❖ Increase compassion
- ❖ Increase willpower
- ❖ Change brain activity

ADDITIONAL PARKING IS AVAILABLE BEHIND THE BUILDING